



Appetizers	Vegan	Reason
Hummus	Yes	
Baba Ganoosh	No	Yogurt
Tsatziki	No	Yogurt
Garlic Dip	Yes	
Hummus & Chicken	No	Chicken
Spanakopita	No	Feta Cheese
Lavosh Pita Crisp	No	Cheese
Dolmades	Yes	
Falafel Platter	Yes	
Blue Corn Nachos	No	Cheese, Tsatziki
Gambas Con Ajo	No	Shrimp, Cheese
Mozzarella Tomato and Basil	No	Cheese

Salads	Vegan	Reason
Taboule	Yes	
Spinach Pasta	Yes	
Greek Salad	No	Feta Cheese
Rivera Tuna	No	Fish
Caribbean	Yes	
Artichoke Pasta	No	Cheese
Grilled Vegetable	Yes	
Honey Pasta	*	
Chicken Pasta	No	Chicken
Lentil Fetoosh	No	Greek Pita Chips
Broiled Chicken	No	Chicken
Wood-Fired Salmon	No	Fish

***Honey is not considered vegan by some**

Burgers	Vegan	Reason
Black Bean	No	Dairy in patty & 12 grain bread
Veggie	No	Dairy in patty & 12 grain bread
Portabella	No	Bun
Yellow Fin	No	Fish, Bun

Wood Fired Pizzas	Vegan	Reason
Pita Crisp	No	Cheese, Greek Pita
Pita Pizza	No	Cheese, Greek Pita
Pesto Pizza	No	Cheese, Greek Pita
Glazed Chicken Lavosh	No	Cheese, Chicken
Tuna Melt	No	Cheese, Fish, Greek Pita
Curried Spinach Potato	No	Cheese, Greek Pita
Lavosh Pizza	No	Cheese

Pizzas can be made without cheese and on a regular pita or lavosh bread to become vegan. Tofu can be substituted for chicken and fish dishes.

Hot Pitas	Vegan	Reason
Shawarma	No	Chicken
Falafel Pita	Yes	
Beef Gyro	No	Beef, Greek Pita, Tzatziki
Pita Burrito	Yes	
Broiled Chicken Pita	No	Chicken, Greek Pita
Philly Chicken Pita	No	Chicken, Cheese, Greek Pita
One Thousand Beans	No	Greek Pita
Philly Steak Pita	No	Meat, Cheese, Greek Pita

Cold Pitas	Vegan	Reason
Hummus and Taboule	Yes	
Mediterranean Tuna	No	Fish
California Beach Club	No	Turkey, Cheese

Pita Wraps	Vegan	Reason
Spicy Chicken Wrap	No	Chicken
Veggie Garden Wrap	Yes	
Pesto Lavosh Turkey Wrap	No	Cheese, Turkey
Lavosh Shawarma Wrap	No	Chicken

Combinations	Vegan	Reason
Mediterranean Platter	No	Tsatziki, Baba Ganoosh, Feta
Macro Platter	Yes	
Chicken Combo Platter	No	Chicken
Fruit and Cheese Fantasia	No	Cheese

Seasonal Specials	Vegan	Reason
Seared and Wood Fired Fresh Salmon	No	Fish
Spicy Mango Shrimp	No	Shrimp
Wood Fired Halibut	No	Fish
Herbs and Ginger Vegetable Noodle Stir Fry	Yes	
Medchilada	No	Chicken, Cheese
Chicken Putanesca	No	Chicken

Side Orders	Vegan	Reason
Garlic New Potatoes	Yes	
Sauteed or Steamed Spinach	Yes	
Sauteed or Steamed Broccoli	Yes	
Sauteed or Steamed Cauliflower	Yes	
Garlic Herb Mashed Potatoes	No	Dairy
Lentils and Rice	Yes	
Brown Rice	Yes	
Green Beans	Yes	
Pita Chips	No	Greek Pita
Garlic Mushrooms	Yes	
Mixed Beans	Yes	
Grilled Veggies	Yes	

Smoothies	Vegan	Reason
All Flavors	No	Yogurt

Smoothies can be made with soy and no yogurt to become vegan.

Tofu can be substituted for most chicken, meat, and fish dishes. Greek pitas, 12 grain bread, and burger buns are not vegan.

We can do applicable substitutions to make any dish vegan.